

# HIV & AIDS Awareness Workshop - 1 Day

## Overview

The HIV and Aids Awareness Workshop will give delegates an understanding of HIV and AIDS, how it is spread, preventing the spread of the disease and how to support persons who are living with the disease. You will have an understanding of the impact of HIV and Aids on the home and workplace. This workshop is offered on a non-accredited basis and no assessments are done.

## What will we be discussing during the workshop?

- What is HIV and Aids?
- What are Sexually Transmitted Infections (STI's)?
- Myths and Facts about HIV and AIDS
- What the working relationships are among persons infected
- Stages of HIV and AIDS
- How to keep a healthy lifestyle when diagnosed with the infection
- Course outline on page two of this brochure

## How will the workshops take place?

- The duration of workshop normally is one day, however it can be adapted to suit the client's needs.
- Facilitator guided
- Group discussions

## What will each participant receive?

- Manual
- Certificate of Attendance

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committed to bring you  
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training solutions.**

## ENJO Consultants CC

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## Workshop Outline

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